

- 1. Move your body outdoors.
- 2. Conduct a neighborhood trash clean up.
- 3. Become a citizen scientist.
- 4. Run an Earth Day Online Race.
- 5. Share your stuff vs. throwing it away.

- 18. Do a home energy audit.
- 19. Read about the history of Earth Day.
- 20. Attend a virtual event.
- 21. Take a virtual tour of your favorite outdoor place.

6. Plant something.

7. create public art.

8. Birdwatch.

- 9. Print an Earth Day window sign.
- 10. Measure your carbon footprint.
- 11. Do a plastics audit.
- 12. Eat a plant-based meal.
- 13. Fix and Repair Before You Buy new.

14. Recycle.

- 15. Switch to green power.
- 16. Download the Earth Day App.
- 17. Camp indoors or in the backyard.

22. Share on instagram or Facebook.
23. Watch an Earth Day documentary.
24. Host an Earth Day hangout with friends and family.
25. Choose Reading Over Streaming.
26. Tune into a webcam.
27. Do your homework.
28. Contact Your Legislators.
29. Register to Vote.
30. Donate.



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